

# SEPTEMBER | 2021



## Fulton Independent School Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> <u>Donut</u> Crispito Queso Cheese Chips/Salsa Refried Beans Pears/Oranges	<b>31</b> <u>Sausage, Egg, &amp; Cheese Biscuit</u> Big Daddy's Pizza Broccoli & Cheese Caesar Salad/Cookie Applesauce/Mixed Berry Cup	<b>1</b> <u>Pancakes</u> Chicken Smackers Green Beans Mashed Potatoes w/ Gravy Roll Peach Cup/Apples	<b>2</b> <u>Chicken Biscuit</u> Mozzarella Sticks (6) Green Peas Side Salad Marinara Cup Banana/Raisins	<b>3</b> <u>Tornado w/ Toast</u> Chicken Sandwich Original or Spicy Curly Fries Okra/Baked Beans Blueberries/Mandarin Oranges
<b>6</b> <u>NO SCHOOL!</u>	<b>7</b> <u>Bacon, Egg, &amp; Cheese Biscuit</u> Bosco Sticks w/ Marinara Corn Caesar Salad/Cookie Applesauce/Mixed Berry Cup	<b>8</b> <u>Muffin w/ Yogurt</u> Chicken Strips w/ Pepper Gravy Green Beans Fries/Texas Toast Peach Cup/Apples	<b>9</b> <u>Chicken Biscuit Dippers w/ Gravy</u> Flip's Chicken BBQ or Buffalo White Beans Turnip Greens Banana/Raisins	<b>10</b> <u>Breakfast Pizza</u> BBQ Nachos Tortilla Chips Cheddar Cheese/Jalapeños Slaw/Black Eyed Peas Blueberries/Mandarin Oranges
<b>13</b> <u>Donut</u> Walking Taco Chicken or Beef Doritos/Shredded Cheese Refried Beans Lettuce/Tomato/Salsa Pears/Oranges	<b>14</b> <u>Sausage, Egg, &amp; Cheese Biscuit</u> Stuffed Crust Pizza Broccoli & Cheese Caesar Salad/Cookie Applesauce/Mixed Berry Cup	<b>15</b> <u>Pancakes</u> Chicken Nuggets Green Beans Mashed Potatoes w/ Gravy Roll Peach Cup/Apples	<b>16</b> <u>Chicken Biscuit</u> Asian Bowl General Tso or Orange Rice/Eggroll Stir Fry Vegetables Banana/Raisins	<b>17</b> <u>Tornado w/ Toast</u> Cheeseburger or Hamburger Fries Baked Beans Lettuce/Tomato/Onion/Pickle Blueberries/Mandarin Oranges
<b>20</b> <u>Apple Cinnamon Toast</u> Burrito Chips/Salsa Refried Beans Pears/Oranges	<b>21</b> <u>Bacon, Egg, &amp; Cheese Biscuit</u> French Bread Pizza Corn Caesar Salad/Cookie Applesauce/Mixed Berry Cup	<b>22</b> <u>Muffin w/ Yogurt</u> Chicken n' Cone Buffalo or BBQ Celery w/ Ranch Potato Wedges Peach Cup/Apples	<b>23</b> <u>Chicken Biscuit Dippers w/ Gravy</u> Drumstick Mac & Cheese/Side Salad Lima Beans Banana/Raisins	<b>24</b> <u>Breakfast Pizza</u> Sloppy Joe Emoji Fries Baked Beans Carrots w/ Ranch Blueberries/Mandarin Oranges
<b>27</b> <u>Donut</u> Crispito Queso Cheese Chips/Salsa Refried Beans Pears/Oranges	<b>28</b> <u>Sausage, Egg, &amp; Cheese Biscuit</u> Big Daddy's Pizza Broccoli & Cheese Caesar Salad/Cookie Applesauce/Mixed Berry Cup	<b>29</b> <u>Pancakes</u> Chicken Smackers Green Beans Mashed Potatoes w/ Gravy Roll Peach Cup/Apples	<b>30</b> <u>Chicken Biscuit</u> Mozzarella Sticks (6) Green Peas Side Salad Marinara Cup Banana/Raisins	Welcome Back

*Milk and 100% Juice offered daily with Breakfast and Lunch*

### Daily Breakfast Items

- Poptarts
- Mini Cinni
- Smoothies\*
- \*MS & HS Only

### Daily Lunch Items

- PB&J
- Chef Salad
- Monday- Pizza Kit
- Tuesday- Turkey & Cheese Sandwich
- Wednesday- Cheesy Bread w/ Marinara Sauce
- Thursday- Meat & Cheese Crackers Kit
- Friday- Mini Corndogs

Menu subject to change

